

heart dance ~ love in motion



I invite you to join in the spirit of joy through movement, dance and play. Heart Dance is an invitation to open yourself to an experience of joy and freedom in the present moment; using movement, storytelling, partnering and free dance to explore your True Self.

My classes are a safe space for unfurling your soul, unleashing your mind and dancing into your heart. Come and play in the joy of life!

No dance experience is necessary and all are welcome.

Monthly every 3rd Friday 7.30pm-9.00pm

East Lindfield Community Hall, 9 Wellington Road, East Lindfield, Sydney - plenty of parking.
For information call Melanie on 0417 400 101 or 02 4017 0551. Email: heartdance_lim@yahoo.com.au
\$25per night (\$60 for 3 night block), \$20 Concession. No bookings required.